GREEN POWER LINE general product information







ROWER MACHINE RM-R FIT X 11 S

DIMENSIONS: 55 x 32.5 x 43.5 inch WEIGHT: ~165 lbs AGE: 13+

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Colors available



Product description

The Seated Rowing Machine is designed to develop upper back strength and improve posture through a controlled rowing motion. It effectively targets lats, rhomboids, and biceps while promoting functional pulling power. This unit includes adjustable resistance.

Warranty Limited 5-year warranty against manufactures defect