





WEIGHTED SQUAT PRESS WSQP

DIMENSIONS: 37.5 x 43 x 66.5 inch

WEIGHT: ~265 lb

TOTAL RESISTANCE: 176 lbs (4 x 22lb Plates; 88 lbs per side, fixed weight)

AGE: 13+

Colors Available



Product description

The Weighted Squat Press allows the user to perform a standing squat and press movement in one fluid motion. This unit targets lower body & upper body strength, engaging the legs, glutes and shoulders and core for a full body workout. The weight plates cannot be removed from the machine.

Warranty

Limited 5-year warranty against manufactures defect